



The Aylesbury Vale Academy

RESPECT | ASPIRATION | RESILIENCE

## PARENT BULLETIN 25

### 7 March 2025

Dear Parents/Carers,

What a great week we have had in school with celebrations for World Book Day and ending today with a wonderful display of costumes, we've had wolves and Little Red Riding Hood's walking up and down the corridors all day, it's been wonderful to watch.

Tomorrow is International Women's Day. This is a global day where we celebrate the achievements of women across the world, celebrating the role and rights of women.



We wish every woman a day filled with recognition, appreciation, and the confidence to keep pushing boundaries.



Year 3 had great fun making stewed fruit on Tuesday as part of their Stone Age topic. As you can see from the photos it got a little messy!

### West End in Schools

We were delighted to welcome Lee from West End in Schools this week. He ran workshops for some of our children around the traditional tale, Little Red Riding Hood.

The children learnt a range of drama techniques through a range of activities including drama through music, rapping and stepping out the story.

Children had to work independently and in different-sized groups throughout the workshop. As always, pupil feedback was fantastic and the smiles on their faces as they took part in the workshops were brilliant to see!



### World Book Week/Day

As always, the buzz around World Book Week at AVA Primary has been contagious as we explored the traditional tale *Little Red Riding Hood*!



We kicked off the week with a World Book Week assembly, looking at reasons why some children might find reading challenging and what we can all do to help with this.

We then had two full days of drama workshops, and author visit and a dress-up day!





### Upcoming Author Visit – Yrs 5 & 6

We are delighted to be welcoming back Rhian Tracey on Thursday 27th March 2025 to talk to our Year 5 and 6 children about the third book in her series, 'The Bletchley Park Mysteries'. Rhian previously came in last year to launch the Year 6 WW2 unit which starts after Easter, and we are fortunate again that she can come in to launch this year's WW2 unit as well. For Year 5, it provides a taster of what's to come in Year 6!

Rhian Tracey will be talking to the children about her thrilling mystery adventure *Wink, Murder: A Bletchley Park Mystery*. She will share her historical research, writing process and interesting facts about the lesser-known histories of World War II. Books need to be purchased by the end of Wednesday 26th March.

<https://www.ourbookshopring.co.uk/product/wink-murder-a-bletchley-park-mystery>

### Author Visit – Reception and Year 1

Mevan Babakar visited Reception and Year 1 this week to talk about her re-life experience as a child refugee. Mevan was born in Iraq, but her family needed to leave when war broke out. She spoke about the countries she needed to stop in before she finally made her way to England.



Her picture book is about a kind maintenance man who looked after her block in the Netherlands. Mevan became scared to leave her block, so the maintenance man brought her a bicycle and she became confident enough to go outside again.



Mevan was sensitive to the ages of the children as she retold her story, and they were hooked on her every word. This is the first time we have been able to invite an author in for our Reception and Year 1 children and they were an absolute credit to our school. Well done!



### ADHD – MIND charity

Are you a parent or carer interested in knowing more about ADHD? Come to our free MIND Morning event this March.

To book on scan the QR code on the attached flyer or click this link <https://forms.office.com/e/Sv5XmdrmtR>

### Comic Relief – Red Nose Day – Friday 21 March

Comic Relief is fast approaching (Friday 21st March), and the School Parliament have recently met to think of how AVA Primary will celebrate this important charitable event.

First, all the children and staff in the school will be invited to wear as many different colours as possible, so for example you might wear odd socks, different coloured trainers, a blue top, bright red trousers and a bright orange hat!



The KS1 children will also participate in a clown colouring competition, whilst the KS2 pupils will attempt to design their very own clown. The children will follow this up with a written piece of work to describe their clown or tell a story in which they appear.

Furthermore, volunteers in each class will be invited to act as a clown, perhaps by telling jokes, juggling or doing silly walks. Last but not least, there will be prizes throughout the day.

All we ask, is for a small donation to the AVA Just Giving page for Comic Relief, this goes directly to the charity - [Just Giving Page - Red Nose Day 2025](#)

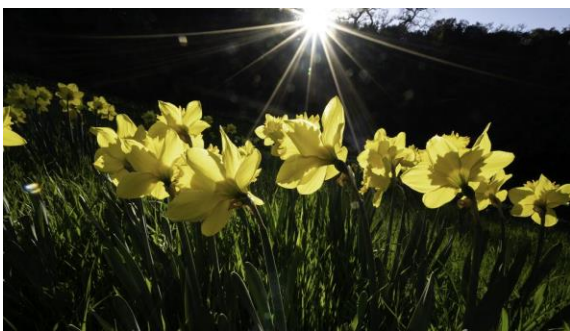
## Reflection

A Reflection on Fasting...

Signs of Spring are finally emerging and as nature begins to blossom many in our community have begun a time of fasting.

Our Muslim community began the month of Ramadan at the weekend and our Christian community marked the start of Lent on Wednesday.

Fasting is defined as refraining from eating, and sometimes drinking.



But why is food linked to spirituality?

Fasting has been practiced for centuries in many faiths to direct attention away from the body's physical needs to spiritual ones. It is an activity connected to prayers, spirituality and humility and is also practised in Judaism, Hinduism, Buddhism and many other religions.

As we end the week we invite our community to reflect on how fasting is a reminder of our shared humanity, regardless of our religious beliefs.

*Loving God*

*Give us the desire to turn to you.*

*May we no longer live by just our physical needs and have the courage to say no to things that distract us from our ultimate meaning and purpose in life.*

*Amen*

**Have lovely weekend.**

Best wishes,  
**Mrs C Baughan**

## **ADDITIONAL SUPPORT**

### **SEND Support Phone Line - 01296 382135**

We are open every day between 10am and 4pm and until 6pm on Tuesdays. The line is for parents, professionals and anyone with enquiries about SEND in Buckinghamshire.

Please note that the support line is open between 10am and 2pm during school holidays and is closed on Bank Holidays.

### **Primary SEND concerns**

[https://forms.office.com/pages/responsepage.aspx?id=vujYj3JiOk-ROacP9\\_VtsKSZm5ilcidJiq5HlgRJQUZUMEVcUk1PMUZXRtq1UIIUVVBaSFNYUFICMi4u&web=1&wdLOR=cA359AD1B-53A8-5F47-9B1A-80EC4AFA2E4C](https://forms.office.com/pages/responsepage.aspx?id=vujYj3JiOk-ROacP9_VtsKSZm5ilcidJiq5HlgRJQUZUMEVcUk1PMUZXRtq1UIIUVVBaSFNYUFICMi4u&web=1&wdLOR=cA359AD1B-53A8-5F47-9B1A-80EC4AFA2E4C)

### **Free School Meals**

Please find the link below: <https://www.theacademy.me/page/?title=SCHOOL+MEALS&pid=166>

We also have a dedicated FSM inbox - [freeschoolmeals@theacademy.me](mailto:freeschoolmeals@theacademy.me) - where parents can submit FSM forms if you prefer to complete the paper version instead of the online form.