



The Aylesbury Vale Academy

RESPECT | ASPIRATION | RESILIENCE



PE NEWSLETTER

Good afternoon and welcome to our next edition of the PE newsletter.

Our year groups have had a busy half term, with PE lessons and Sports fixtures. Students continue to show high levels of enthusiasm and effort while covering different sports.

With the weather being very unpredictable during January and February, some of the Sports will not have been covered as we have had to use an indoor space. During these indoors lessons, student have been looking at teamwork, respect and resilience in different sporting activities.

SPRING 1 – TERM REVIEW

| Week Commencing | 06-Jan | 13-Jan | 20-Jan | 27-Jan | 03-Feb | 10-Feb |
|-----------------|------------|------------|------------|------------|------------|------------|
| Week Number | Wk 15 | Wk 16 | Wk 17 | Wk 18 | Wk 19 | Wk 20 |
| Reception | Football | Football | Football | Football | Football | Basketball |
| Year 1 | Football | Football | Football | Football | Football | Basketball |
| Year 2 | Football | Rugby | Rugby | Rugby | Netball | Netball |
| Year 3 | Netball | Football | Football | Football | Football | Football |
| Year 4 | Hockey | Basketball | Basketball | Basketball | Basketball | Basketball |
| Year 5 | Football | Netball | Netball | Netball | Netball | Netball |
| Year 6 | Basketball | Hockey | Hockey | Hockey | Hockey | Hockey |

PE Star of the Day

Week 14

Reception – Zachary, Bryson
Year 1 – Jahlani, Jessica, Charlie, Sophie
Year 2 – Cooper, Fern, Christian, Sid
Year 3 – Adam, Harper, Victor, Kristen, Jackson, Amelia
Year 4 – Lara, Pratham, Aariah, Nico
Year 5 – Venkata, Nirvi, Hadassa, Elsie
Year 6 – Issak, Ella

Week 15 and Week 16

Reception – Tommy, Mali, Ella, David
Year 1 – Sonia, Abigail, Fraser, Amelia, Damon, Sana'a, Belle, Raed
Year 2 – Jenson, Ahliyah, Enzo, Ava, Ollie, Gaddiel, Komel, Arushan
Year 3 – Arayah, Ion, Niamh, Luke, Zinaya, Arian, Amin, Jeremiah, George, Harriet, Harley, Ryan
Year 4 – Amelia, Yashdev, Buzz, Madison, Isaac, Agota, Noah, Dheemahi
Year 5 – Mayukha, Sushwith, Bethany, Ishaan, Maci, Liam, Oscar, Evelyn
Year 6 – Bella-Rae, Starlette, Zia, Joshua, Dhanushyand, Arnav, Emilia, Eden

Week 17 and Week 18

Reception – Aniyah-Mae, Aiza, Bidhi, Isla
Year 1 – Sasvika, Jaxson, Janelle, Maddison, Aisha, Isabella C, Reyan Reuben
Year 2 – Drew, Mirabel, Anu, Elaina, Myles, Lewis, Caden, Julissa
Year 3 – Taksh, Rania, Dave, Sergiu, Raphael, Makitha, Nathan. Sujith, Delilah, Oscar, Ashton, Anthony
Year 4 – Mark, Shirley, Josiah, Kiswah, Logan, Tesla, Romeo, Aliza

Year 5 – Leander, Charlotte, Hudson, Timas, Hanna, Arabella, Ella-Louise, Leilani
 Year 6 – David, Ronnie, Maycie, Kaylee-Rae, Victor, Olivier, Nathan, Michael

Week 19

Reception – Aurora-Rose, Mikayil
 Year 1 – Koa, Aksayan, Olivia, David
 Year 2 – Jacob, Isaiah, Avery-Monae, Ayaana,
 Year 3 – Yuvaan, Aaryan, Noah, Sarang, Isla, Jevin
 Year 4 – Sreyan, Jack, Lura, Amer
 Year 5 – Anvita, Elana, Noah
 Year 6 – Prajay, Zayd, Arham, George

SPRING TERM 2

Please see below the sports each year group will be covering during Spring Term 2.

| Week Commencing | 24-Feb | 03-Mar | 10-Mar | 17-Mar | 24-Mar | 31-Mar |
|-----------------|------------|------------|------------|--------------|--------------|--------------|
| Week Number | Wk 21 | Wk 22 | Wk 23 | Wk 24 | Wk 25 | Wk 26 |
| Reception | Basketball | Basketball | Basketball | Basketball | Multi Sports | Multi Sports |
| Year 1 | Basketball | Basketball | Basketball | Basketball | Multi Sports | Multi Sports |
| Year 2 | Netball | Netball | Netball | Hockey | Hockey | Hockey |
| Year 3 | Rugby | Rugby | Rugby | Multi Sports | Multi Sports | Multi Sports |
| Year 4 | Rugby | Rugby | Rugby | Multi Sports | Multi Sports | Multi Sports |
| Year 5 | Rugby | Rugby | Rugby | Multi Sports | Multi Sports | Multi Sports |
| Year 6 | Rugby | Rugby | Rugby | Multi Sports | Multi Sports | Multi Sports |

Sports Fixtures and Festival update

Football

Year 5 and 6 Mixed Football

Haydon Abbey – Won 2-1

Team – Jason, Noah, Venkata, Hudson, Ibrahim, Lewis, Jacon M-G, Leander

Well done to the Year 5 and 6 football team for winning their first league of Division B

Football Tournament – Mixed Year 5/6

Thomas Hickman and Bierton – 23/01/25

Teams

AVA 1 – George, Albert, Ethan, Ronnie, Archie, Ethan, Zoe

AVA 2 - Lenny, Olivier, Bailey, Seb, Kaylee-Rae, Ziaan, Jacob M-G

Both teams played very well and were unlucky in some games not to get better results especially AVA 2. AVA 1 finished in 1st place and AVA 2 finished in 5th Place

Thomas Hickman and Bierton – 30/01/25

Teams

AVA 1 - Jason, Nathan S, Oscar, Hudson, Harrison, Ibrahim, Zoe

AVA 2 - Noah, Bailey, Liam, Nathan R, Venkata, Ethan, Ronnie

This was a good tournament for AVA, both teams playing really well and finishing in 1st and 2nd Place.

Year 3/4 and Year 5/6 – Girls Football

The girls have done really well this half term, many of the students have never played against another school, they worked really well together, we didn't get the results that we wanted but all of the girls have gained valuable experience of playing competitive games.

Thomas Hickman – 09/01/25

Year 3/4 – Draw – 0-0

Year 5/6 – Lost 0-1

Teams

Year 3 and 4 Team – Harper, Harper, Brontie, Kiswah, Olivia, Hettie, Renezmae

Year 5 and 6 Team – Aadhya, Diya, Delilah, Zoe, Hollie, Maisie, Fatima

Bierton – 17/01/25

Year 3/4 – Lost 0-3

Year 5/6 – Lost 0-7

Teams

Year 3 and 4 Team – Ruby, Deja-Pearl, Sofia, Hettie, Maja, Shirley, Lauryn

Year 5 and 6 Team – Charlotte, Maci, Mollie, Siena, Evelyn, Isabelle, Kaylee-Rae

Hockey

Year 5 and 6 Hockey

Well done to the Year 5 and 6 hockey team for a spirited game against Thomas Hickman with many students playing their first competitive game of hockey.

Thomas Hickman 16/01/25

Result – Lost 0-8

Team - Bella-Rae, Aadhya, Isaak, Dhanushyand, Ella, Hollie, Darcey, Mya, Jack, Miya-Rae, Tora, Leilani, Adwita, Hadassa, Ishaan

Netball

This half term has seen the primary take part in their first games of netball.

Well done to all of the players that have represented the school, we beat Haydon Abbey and lost to Thomas Hickman

Team – Delilah, Diya, Miya-Rae, Hadassa, Leander, Hudson, Nirvi, Amaan, Siena, Charlotte, Dhanush, Harry, Leander, Kabisha

Fixtures still to be played - Halton, Turnfurlong, Aston Clinton and Bedgrove

Handball

On Monday 20th January and Monday 27th January, our Year 5 and 6's participated in our first ever Handball fixtures.

Results – 20/01

Whitchurch – Lost 2-7

St Michaels – Lost 3-5

Brill – Lost 4-6

Haddenham – Lost 2-7

Thomas Hickman – Lost 0-4

Results – 27/01

Whitchurch – Won 5-4

St Michaels – Lost 2-3

Brill – Lost 1-3

Haddenham – Won 8-0

Thomas Hickman – Lost 1-8

20/01 - Team - Lenny, Hudson, Ziaan, Archie, Bailey, Olivier, Zoe, Kaylee-Rae, Delilah

27/01 - Team - George, Max, Ziaan, Archie, Bailey, Olivier, Darcey, Maddie, Delilah

Well done to all of the handball players, they showed great teamwork and did very well considering this was our first time playing competitive handball.